



Menus for **May 2019**

RIVERDALE
ELEMENTARY SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

CINCO de MAYO

Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger deal here than it is in Mexico!

SOL TESTING

Testing Begins May 7th

ALL CHILDREN TESTING IN MAY HAVE FREE BREAKFAST ON THEIR SOL DAY!!

Wednesday, May 1

Breakfast

Mini Pancakes
Fruit, Fruit Juice
Milk

Lunch

Hot Dog on Bun w/
Diced Onion and
Relish
Baked Beans
French Fries
Sliced Peaches
Milk

Thursday, May 2

Breakfast

Cereal w/Graham
Crackers
Fruit, Fruit Juice
Milk

Lunch

Ham and Cheese Sub
w/Lettuce, Tomato
and Onion
Tater Tots
Mixed Vegetables
Applesauce
Milk

Friday, May 3

Breakfast

French Toast
Fruit, Fruit Juice
Milk

Lunch

Pepperoni Pizza
Romaine Garden
Salad
Baby Carrots w/Dip
Oranges
Milk

Available Daily

Fresh Chef Salads

(Turkey or Ham, Romaine Lettuce, Variety of Vegetables, and Crackers)

Snack Attack

(Yogurt and Cheese Stick, Cheez Its or Wow Butter and Jelly Sandwich and Cheese Stick, both served with a fresh Vegetable, and Fruit)

All Meals Include

Vegetables and Fruit of the Day and Milk

Monday, May 6

Breakfast

Maple Waffles
Fruit, Fruit Juice
Milk

Lunch

Chicken Sandwich
w/lettuce, tomato
Green Beans
Potato Wedges
Mandarin Oranges
Milk

Tuesday, May 7

Breakfast

Sausage, Egg, Cheese
Biscuit, or Oatmeal or
Breakfast Pizza
Hash brown, Juice,
Fruit, Milk

Lunch

Corn Dog
Baked Beans
French Fries
Strawberry Cup
Milk

Wednesday, May 8

Breakfast

Ham, Egg, Cheese
Croissant, or Breakfast
Pizza Deluxe
Hash Brown, Fruit,
Juice, Milk

Lunch

Chicken Fajita on
Flatbread w/lettuce,
tomato, cheese,
Baby Carrots
Sweet Peas
Fresh Pear, and Milk

Thursday, May 9

Breakfast

Chicken Biscuit, or
Toasted Cheese
Sandwich, Hash Brown,
Fruit, Juice, Milk

Lunch

Salisbury Steak
Roll
Mashed Potatoes
Steamed Broccoli
Pineapple Tidbits
Milk

Friday, May 10

Breakfast

Banana Bread
Fruit, Fruit Juice Milk

Lunch

Cheese Stuffed
Bread Sticks w /
Marinara Sauce
Garden Salad
Baby Carrots
Mixed Berry Cup
Milk

MOTHER'S DAY SUNDAY, MAY 12

